



## RIDE LEADER PRE-RIDE BRIEFING

- \* **Welcome** riders and **introduce** yourself
- \* Discuss **safety** reminders:

### RIDE **SMART** — RIDE ACCIDENT FREE

**STAY ALERT!** — Pay attention to everything around you, including other riders, cars, road conditions, and your own physical status.

**MAINTAIN YOUR LINE** — Be predictable to other riders and cars. Always assume riders are behind you or about to pass.

**ACCIDENTS** — Road hazards, collisions with other riders, and loss of control on downhills are often the cause of accidents.

**RESPECT** — Please respect your fellow riders, the rules of the road, and the motorists we share them with.

**TALK** — Hand signals and calling out hazards and intentions are essential for group riding. First communicate, then move.

.....We are each ultimately responsible for our own safety.....

- \* **Offer details** about your ride and WCC rides in general:
  - a. State name of ride, pace, mileage, and any known road hazards
  - b. State regroup frequency, rest/lunch stops, and what riders should expect from leader (do you have sweep rider, do you stop for mechanical problems, etc.)
  - c. Ask riders who leave the ride to tell the leader or sweep
  - d. Identify new members and reinforce safety message, as appropriate
  - e. Welcome non-members and encourage them to get info about joining WCC
  - f. Remind riders to be helpful to and responsible for each other
  - g. Make certain everyone is wearing a helmet and has signed the waiver form
  - h. Have riders introduce themselves to each other
  - i. Finish with reminder to ride **SMART**